

MindMeld Coaching Workshops 2022

New Challenges, New Opportunities



I orea te tuatara ka puta ki waho

A problem is solved by continuing to find solutions

Our **2022 Workshops** build on our highly successful 2021 leadership & communication skills programmes. Build your confidence, be more courageous and enjoy a fabulous learning experience with MindMeld Coaching.

Workshops	Details
Communicating with Confidence	February & October 2022 – Half Day Workshops
Successful Conversations at Work	March & September 2022 – One Day Workshops
Presentation Skills	May & August 2022 – One Day Workshops
Facilitation Skills	February & August 2022 – One Day Workshops
Leading Communication Skills for Women	April & October 2022 – One Day Workshops
Polished Leadership®	March & November 2022 – One Day Workshops
The Nuts & Bolts of Professional Coaching	June 2022 – Two Day Workshop [Plus a follow-up half day, August 2022]

"Someone told me to go to everything that MindMeld offered and they weren't wrong, even though you may not feel it from the crowd I always leave your workshops feeling better about myself and my work – couldn't ask for more in a one day workshop."

February 2021 Participant feedback

Communicating with Confidence

24 February 2022 & October 2022 – Half Day Workshops, Cost \$395 (plus GST) per person

This workshop is for anyone who wants to build rapport, get your message across professionally, extend the reach of messages and speak authentically so people who want to listen.

Learning Outcomes:

1. Use an accelerated learning model as your key influencing tool.
 2. Identify your 'niche', which are your unique work talents others find valuable and essential to success.
 3. Gain clarity on 'your quirk', an intentional point of difference from your life outside work that helps you connect with others, develop trust and build rapport.
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Successful Conversations at Work

March & September 2022 – One Day Workshops, - Cost \$595 (plus GST) per person

This workshop is for anyone who wants to build their conversational confidence and take on new skills to manage difficult conversations and respond effectively in the moment.

Learning Outcomes:

1. Identify patterns in how we interact and what can freeze us in some conversations.
 2. Learn key leadership skills of delegation, improve self talk to support your self-confidence.
 3. What to do if people won't change, despite all your efforts.
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Presentation Skills

May & August 2022 – One Day Workshops - Cost \$595 (plus GST) per person

This workshop is for anyone who wants to feel confident presenting to peers, senior leaders or stakeholders, or for presenters wanting to 'rock-out' a great conference presentation with the wow factor.

Learning Outcomes:

1. Learn how people take on new information and how to engage your audience.
2. Preparation tips to match your presentation to what the audience needs to know.
3. Manage the nerves and deal with the unexpected.

Facilitation Skills

February & August 2022 - One Day Workshops - Cost \$595 (plus GST) per person

This workshop is for anyone wanting to build confidence in their facilitation skills in running meetings and workshops, creating the right environment to get the best outcome with the talent in the room.

Learning Outcomes:

1. Learn key workshop design skills to help you facilitate your own workshops with stakeholders, senior leaders, network groups or team days.
 2. Identify the correct facilitation tool for the result you seek.
 3. Skills in dealing with the unexpected – conflict, difficult participants and contentious issues.
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Leading Communication Skills for Women

April & October 2022 - One Day Workshops - Cost \$595 (plus GST) per person

This workshop is for aspiring women who know they have a lot to offer, and it is about time the world knew that too. Overcome common filters that block your communication so that your voice is heard.

Learning Outcomes:

1. Learn how to speak up in meetings and interrupt professionally.
 2. Rock your listening skills to connect even more powerfully with others.
 3. Learn body language that communicates confidence.
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Polished Leadership®

March & November 2022 - One Day Workshops - Cost \$595 (plus GST) per person

This workshop is for leaders and aspiring leaders who want to boost their natural charisma and personal power, balance these with their values and integrity to create a powerful leadership effect.

Learning Outcomes:

1. Understand your own "dials of personal power" and how to adjust them for a greater leadership effect.
2. The ability to learn and remember names easily and effortlessly.
3. Notice and appreciate your personal brand and how it helps you stand from the crowd.
4. Stay safe and effective while being more visible.

The Nuts & Bolts of Professional Coaching

June 2022 – Two Day Workshop [Plus a follow-up half day, August 2022] – Cost \$1,750 (plus GST) per person

This workshop is for anyone who wants to become a professional coach or develop coaching skills within an organisation to take on coaching clients across teams and disciplines.

Learning Outcomes:

1. Experience the positive benefits and uplifting experience that becoming a coach can bring into everyday life.
2. Shift your leadership style from telling to people what to do, to coaching your team to think for themselves.
3. Set yourself up with the tools to make professional coaching a career choice.

This Workshop includes everything you need to set yourself up as a coach, including ongoing supervision with MindMeld Coaching.

Tuia te rangi e tū iho nei

Tuia te papa e takato nei.

As sky joins to earth, so people join together.

People depend on one another.

All workshops can be tailored specifically for your agency your, on dates and venues that work best for you.

We can deliver our workshops via Zoom, Teams, or your platform.



Brenda Ratcliff is an experienced and certified leadership coach, facilitator and trainer. Her vision is a world where everyone feels they are joyful, fulfilled, on purpose and contributing at work every day. She is a member of the MBIE All of Government Provider panel & the Leadership Development Centre Coaching Panel.



Kristan Johnston is a Coach, Trainer, and Facilitator focusing on career planning and resilience. He is a certified Multiple Brain Integration Techniques (mBIT) Coach and is also trained in Metaphors Coaching.

Email helpfulgoddess@mindmeldcoaching.com, or talk to us directly. **Brenda** 021847727; **Kristan** 0274993052 about dates or a tailored workshop for you team.