

## MindMeld Coaching Workshop Programme 2023

Ten Years of Fabulizing with Lovely Clients

We are a high performing agency in the 'Leadership Confidence and Courage through Change' space. Choose a bespoke workshop from our 2023 programme; have us facilitate your stakeholder or team discussions; or use our skills as one-on-one professional coaches.

## Me awheawhe noa tēnā mahi ka oti

Workshops 2023		The gift you get from working with us
1.	Operating Models for Teams.	Help your team to deliver results with consistency, prioritise stakeholders, and lead through change (- a series of short sessions).
2.	Communicating with Confidence.	Use business stories to lead and inspire. Build rapport to influence up, out and across. Value diversity and inclusion, and extend the reach of your messaging (- half day).
3.	Leading Communication Skills for Women.	Step into your own power, ask for what you want, know your own worth, say no and set boundaries. Write your professional profile, so you can speak about yourself with confidence (- one day).
4.	The Nuts & Bolts of Professional Coaching.	Discover the wonder and power of coaching to change lives. Learn to coach within an organisation or become a professional coach yourself (- two days plus a half day).
5.	Facilitation Skills.	Set your meetings up for success, where everyone contributes and you achieve concrete actions with a clear plan (- one day).
6.	Fabulous Presentations.	Every fear you may have had about presenting is transformed into a calm confident you, with structures, tips and tricks that enable you to inspire and not tell (- half or full day).